

SHAC MEETING MINUTES

Date: 02162023

See attached for attendance

- Meeting called to order
- Old business discussed.
- Triennial review of School Health Wellness Policy by Assistant Superintendent Debby Morse

Responsibility of SHAC regarding the Wellness Policy

Reviewed nutrition guidelines and wellness goals

Reviewed the five required components of the wellness plan which include the following:

1. Strategies for soliciting involvement by input from persons interested in the wellness plan.
2. Objectives, benchmarks, and objectives for implementing the wellness goals that are reviewed by the annual surveys sent to parents, staff, and students
3. Methods for measuring implementation of the wellness goals which are measured by annual surveys sent to parents, staff, and students annually.
4. The District's standards for food and beverages provided, but not sold, to students during the school day on a school campus.
5. The manner of communication to the public applicable information about the District's wellness policy and plan.

- Meeting adjourned